



MAKE A SCRUNCHIE

SEAM ALLOWANCE = $\frac{1}{4}$ " unless otherwise noted

RST = right sides together

CUT:

fabric: $4\frac{1}{2}$ " x 18"
elastic: 8"

SEW:

Fold fabric in half RST with long edges aligned. Stitch long edge, leaving about 2" unsewn at the beginning and end. Turn tube right side out. Bring short edges together RST and align and pin raw edges (it might feel awkward, that's ok!). Make sure tube isn't twisted. Stitch short edge together.

Use a safety pin to thread elastic through tube loop, pinning end to outside of fabric so you don't lose it inside. Tie ends of elastic together in two overhand knots and pull knot tight (an overhand knot is the first step of tying your shoes). Tuck elastic inside fabric.

Fold edges of tube opening to inside along seam allowance and pin. Edge stitch to close.

