

Feed Sacks: TRUE BLUE

Linzee Kull McCray

Finished Size: 68" x 79"

Getting Started

F8 Bundle

Directions are for each F8-total 30.

The fat eighth bundle contains 30 fat eights (F8), and each F8 will make 2 Churn Dash blocks. The directions are written to make 60 blocks. You'll use 42 blocks in the quilt. You can add the extra blocks to the back of your quilt, make a matching pillow, or make a larger quilt. See "Using the Extra Blocks" on page 2 and the directions for "Enlarging the Quilt" on the back cover.

Cutting

Cutting a Fat Eighth. See diagram.

- 1. First cut a 9"x9" square from the F8 for paper piecing the half square triangles.
- 2. From the remainder cut 3-2½"xWOF (approx. 12") strips for strip sets.

Fabric 1 (23309-16) Blue Check

- 1. Cut 12-2½"xWOF strips.
 From 1 strip cut 8–2½"x 2½" squares for sashing corners.
- 2. Set aside 3–2½"xWOF strips for strip sets and the remaining 8 strips for binding.

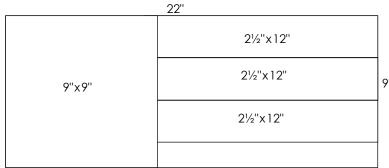
Fabric 2 (9900-200) Bella Solid White (Bkgd.)

- 1. Cut 6–9½"xWOF strips for strips sets and block sashing strips.
- 2. Cut 6–9"xWOF strips for strips sets and block sashing strips. From the strips cut 30–9"x9" squares for paper piecing half square triangles.
- 3. Cut 30–1½"x WOF strips.
 From each strip cut 3–1½"x12" strips for small strip sets for blocks.
- 4. Cut $5-3\frac{1}{2}$ "xWOF strips. From the strips cut $60-3\frac{1}{2}$ "x $3\frac{1}{2}$ " center squares.

Construction

Paper Piecing

- 1. Pair a 9" print square with an 9" white background square right sides together.
- 2. Pin 3" finished triangle paper to layered squares. Stitch on dotted lines and cut on solid lines to make 8 half square triangle (HST)units. This is enough for 2 blocks.
- 3. Repeat to make a total of 240–3" finished half square triangles (HST).



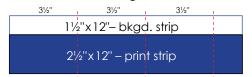
Fat Eighth Cutting Diagram

Construction (cont.)

Strip Sets for Blocks

- 1. Stitch $1-1\frac{1}{2}$ "x12" background to the top of each $2\frac{1}{2}$ "x12" print strip. Press seams toward print.
- 2. Cut 3–3½"x3½" segments from each strip set. Eight are needed to make 2 matching blocks.

 There will be 1 extra segment.



Cut a total of 240 segments.

Strip Sets for Sashings

- 1. Stitch 1–2½"xWOF blue checked strip to the top of 3 9½"xWOF background strips. Press seams toward print. Make 3 strip sets.
- 2. From the strip sets cut a total of 48–2½" segments.

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Assemble Sashings

- 1. Join 6 segments together end to end to make 1 horizontal sashing row. Press toward blue. Make 8 rows.
- 2. Add 1-2½"x 2½" blue square to the end of each row to complete the sashing rows.
- 3. From the remaining 3-9½"xWOF strips cut 49-9½"x 2½" vertical sashing strips.

Horizontal Sashing Row – Make 8

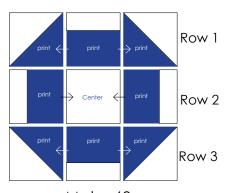
segment 1 segment 2 segment 3 segment 4 segment 5 segment 6

Blue Sq.

Making Churn Dash Blocks

Each block requires:

- 4 matching HSTs
- $4 3\frac{1}{2}$ " segments that match the HSTs
- 1- 3½"x3½" white center square.
- 1. Arrange and sew into 3 rows. Press toward arrows.
- 2. Join rows to complete 1–9½"x 9½" block. Press away from center.



Make 60 42 are used in the quilt shown

Assemble Quilt

- 1. Lay out blocks into 7 rows of 6 blocks each.
- 2. Add 2½"x9½" sashing strips between blocks and to both ends of the each row. Stitch together and press toward sashing strips. Make 7 rows.
- 3. Begin with a pieced sashing row and alternate with the pieced block rows to assemble quilt top. Sew rows together and press toward sashing rows.

Quilt top should measure $68\frac{1}{2}$ "x $79\frac{1}{2}$ " with seams.

Finishing

- 1. Using a diagonal seam join blue check fabric strips end to end. Press seams open. Fold prepared strip in half wrong sides together to make binding.
- 2. Layer, Quilt and Bind.



Using the Extra Blocks

You may use 14 of the extra blocks to increase the size of your quilt to 79"x90" by adding an additional row of blocks to one side and the bottom of the quilt.

If you chose to increase the size of your quilt, you will need to purchase an extra ¼ yard of Fabric 1 for an additional strip set and binding. You will also need an extra 5/8 yard of Fabric 2 for strip sets and vertical sashing strips.

Linzee Kull McCray Finished Size: 68" x 79"

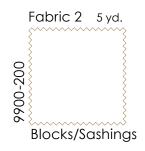
Leave No Scrap Behind

Imagine growing your own vegetables and canning them, cleaning and cooking without modern appliances, and sewing clothes for your seven children. Feed Sacks: True Blue pays homage to the women who did all that and still took the time to stitch rickrack on a dishtowel, embroider a sweet bunny on the bodice of a baby's romper, and use up every last scrap to create a quilt of warmth and beauty.

Fabric Requirements

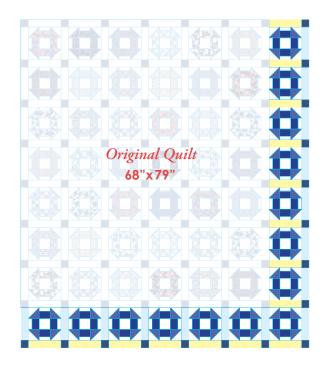
1 Fat Eighth Bundle 23300F8 - 30 F8s





Also needed: Spinning Stars 3" finished triangle papers. Stock #SS030

Enlarging the Quilt Top_



To enlarge the quilt to measure 79"x90" you will need the following additional items:

- •14 Churn Dash Blocks from the extra 18
- 15 horizontal sashing segments
- 1 blue sashing square
- •15 vertical sashing strips
- •2 additional 2½"xWOF strips for binding

An additional ¼ yard of Fabric 1 and an additional % yard of Fabric 2 are needed to make these changes.

