Memoirs

Life is like riding a bicycle. To keep your balance, you must keep moving. -Albert Einstein

3 Sisters
**PATTERN NOTES**

**Block size:** 12” x 12”

**Finished quilt size:** 72” x 72”

**CUTTING INSTRUCTIONS**

**Background**

- **44211 16** – 1 yard
  - 2 strips – 5¾” x WOF. From the strips, cut 16 squares – 5¼” x 5¼”.
  - 3 strips – 3¼” x WOF. From the strips, cut 36 squares – 3¼” x 3¼”.
  - 3 strips – 2¾” x WOF. From the strips, cut 32 squares – 2½” x 2½”.
  - 1 strip – 4” x WOF. From the strips, cut 9 squares – 4” x 4”.

**Binding**

- **44215 13** – ¾ yard
  - 8 strips – 2½” x WOF.

**Blue**

- **44211 14** – ¾ yard
  - 1 strip – 7” x WOF. Cut 3 squares – 7” x 7”.
  - Then cut the remainder to yield 1 strip – 4” x 21” and 1 strip – 2½” x 21”.
  - From the 2½” strip, cut 7 squares – 2½” x 2½”.
  - From the 4” strip, cut 1 square – 4” x 4” – 1 square – 2½” x 2½” – and 4 squares – 2½” x 2½”.
  - 2 strips – 2½” x WOF. Cut 8 rectangles – 2½” x 4½” – and 20 squares – 2½” x 2½”.

**44213 14** – ¾ yard

- 1 strip – 7½” x WOF. Cut 2 squares – 7½” x 7½”.
  - Then cut 3 squares – 7” x 7”.
- 1 strip – 7” x WOF. Cut 2 more squares – 7” x 7”.
  - From the remainder cut 1 strip – 4” x approx. 28” and 1 strip – 2½” x approx. 28”.
  - From the 2½” strip, cut 8 squares – 2½” x 2½”.
  - From the 4” strip, cut 2 squares – 4” x 4”.
  - 3 strips – 2½” x WOF.
  - From 1 strip, cut 8 rectangles – 2½” x 4½”.
  - From the remaining strips, cut 24 squares – 2½” x 2½”.

**441214 14** – ½ yard

- 2 strips – 7” x WOF. Cut 7 squares – 7” x 7”.

**44215 14** – ½ yard

- 1 strip – 7½” x WOF. Cut 4 squares – 7½” x 7½”.
  - Then cut 1 square 7” x 7”.
- 1 strip – 7” x WOF. Cut 2 more squares – 7” x 7”.

**44218 14** – ¾ yard

- 1 strip – 7½” x WOF. Cut 2 squares – 7½” x 7½”.
  - From the remainder cut 3 strips – 2½” x approx. 25”.
  - From each strip, cut 5 rectangles – 2½” x 4½” – and 1 square – 2½” x 2½”.
  - 1 strip – 7” x WOF. Cut 4 squares – 7” x 7”.
  - From the remainder cut 1 strip – 4” x approx. 14” and 1 strip – 2½” x approx. 14”.
  - From the 2½” strip, cut 4 squares – 2½” x 2½”.
  - From the 4” strip, cut 2 squares – 4” x 4” – and 1 square – 2½” x 2½”.
  - 1 strip – 2½” x WOF. Cut 11 more squares – 2½” x 2½”.
  - 1 strip – 2½” x WOF. Cut 13 more squares – 2½” x 2½” and 1 more rectangle 2½” x 4½”.
### Red

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<thead>
<tr>
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<tbody>
<tr>
<td>44211 15</td>
<td>1 fat eighth&lt;br&gt;1 strip – 5¼&quot;x 21&quot;. Cut 2 squares – 5¼&quot;x 5¼&quot;&lt;br&gt;1 square – 4½&quot;x 4½&quot; – and 1 square – 2½&quot;x 2½&quot;.</td>
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<tr>
<td>44213 15</td>
<td>1 fat quarter&lt;br&gt;1 strip – 4½&quot;x 21&quot;. Cut 2 squares – 4½&quot;x 4½&quot; and 2 squares – 3¼&quot;x 3¼&quot;.</td>
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### Gold-Yellow

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<td>½ yard&lt;br&gt;1 strip – 8&quot;x WOF. Cut 2 squares – 7½&quot;x 7½&quot;. From the remainder cut 1 strip – 2½&quot;x approx. 27&quot; and 2 strips – 2½&quot;x approx. 27&quot;.</td>
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<td>44213 17</td>
<td>⅜ yard&lt;br&gt;1 strip – 8&quot;x WOF. Cut 2 squares – 7½&quot;x 7½&quot;. From the remainder cut 3 strips – 2½&quot;x approx. 27&quot; and 3 rectangles – 2½&quot;x 4½&quot;. From each remaining strip, cut 1 rectangle – 2½&quot;x 4½&quot; and 4 squares – 2½&quot;x 2½&quot;.</td>
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<tr>
<td>44214 16</td>
<td>½ yard&lt;br&gt;1 strip – 8&quot;x WOF. Cut 4 squares – 7½&quot;x 7½&quot;. Then cut 3 strips – 2½&quot; x approx. 12&quot;. From each strip cut 4 squares – 2½&quot;x2½&quot;.</td>
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<tr>
<td>44215 16</td>
<td>⅜ yard&lt;br&gt;1 strip – 7½&quot;x WOF. Cut 2 squares – 7½&quot;x 7½&quot;. Then cut 3 squares – 7&quot;x 7&quot; and 1 square – 4&quot;x 4&quot;.</td>
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<tr>
<td>44216 17</td>
<td>¾ yard&lt;br&gt;1 strip – 7&quot;x WOF. Cut 6 squares – 7&quot;x 7&quot;. From the remainder cut 9 rectangles – 2½&quot;x 4½&quot; and 2 squares – 2½&quot;x2½&quot;. From the second strip, cut 2 more rectangles 2½&quot;x 4½&quot; and 12 squares – 2½&quot;x 2½&quot;.</td>
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**Indigo-Navy**

44211 18 – 1 fat quarter
- 1 strip – 5¼" x 21". Cut 2 squares – 5¼" x 5¼" and 2 squares – 4½" x 4½".
- 2 strips – 2½" x 21". Cut 12 squares – 2½" x 2½".
- 1 strip – 4" x 21". Cut 2 squares – 4" x 4" and 1 square – 3¼" x 3¼".

44213 18 – ⅓ yard
- 1 strip – 5¼" x WOF. Cut 3 squares – 5¼" x 5¼", 2 squares – 4½" x 4½", 2 squares – 4" x 4", and 1 square – 3¼" x 3¼".
- 1 strip – 2½" x WOF. Cut 14 squares – 2½" x 2½".

44214 18 – 1 fat quarter
- 1 strip – 4½" x 21". Cut 3 squares – 4½" x 4½".
- 2 strips – 2½" x 21". Cut 12 squares – 2½" x 2½".
- 1 strip – 4" x 21". Cut 2 squares – 4" x 4" and 1 square – 3¼" x 3¼".

44218 18 – 1 fat quarter
- 1 strip – 5¼" x 21". Cut 3 squares – 5¼" x 5¼" and 1 square – 4½" x 4½".
- 1 strip 4" x 21". Cut 2 squares – 4" x 4".
- 1 strip – 3¼" x 21". Cut 1 square – 3¼" x 3¼".
- Trim the remainder of the strip to 2½" wide and cut 5 squares – 2½" x 2½".
- 1 strip – 2½" x 21". Cut 5 more squares – 2½" x 2½".

**Construction**

Unless specified otherwise, all seams are a scant ¼".

**Block 1**
(Make 16)

Yellow Blocks
Make 8.

Blue Blocks
Make 8.

The following pieces are required for each block:

**Outer Background – Yellow (or Blue)**
- 4 rectangles – 2½" x 4½"
- 4 squares – 2½" x 2½"
- 4 squares – 2¼" x 2¼"

**Outer Triangles – Navy (or Red)**
- 1 square – 5¼" x 5¼"
- 2 squares – 2½" x 2½"

**Ivory Star Background**
- 1 square – 5¼" x 5¼"
- 2 squares – 2½" x 2½"

**Star Print – Red (or Navy)**
- 4 squares – 2½" x 2½"
- 1 square – 4½" x 4½"

**Star Center Triangles – Blue (or Yellow)**
- 4 squares – 2½" x 2½"

**Making the Flying Geese**

*Note: Each block requires two different sets of four matching geese. The geese are the same size – 2½" x 4½" unfinished or 2" x 4" finished.*

**Outer Geese**
Select 1 Navy (or Red) square – 5¼" x 5¼" and 4 matching Yellow (or Blue) squares – 2½" x 2½".

On the wrong side of each 2½" square, draw a diagonal line from corner to corner as shown.

With right sides together, align two matching 2½" squares in opposing corners of the 5¼" square as shown. Using the drawn line as a guide, stitch a scant ¼" on both sides of the drawn line.

Cut on the drawn line.

Press the seams toward the small triangles.
With right sides together, align the remaining 2⅞" squares in the corners of the pieced triangles as shown.

Stitch on both sides of the drawn line as shown.

Cut the unit apart on the drawn line.

Press the seams toward the small triangles.

The geese will measure 2½"x4½".

**Star Flying Geese**

Repeat the steps using the 5¼" Ivory background square and the 4 – 2⅞” Red (or Navy) print squares.

**Half Square Triangles**

Using the remaining 2⅞” squares – 2 Ivory and 2 Navy (or Red) – draw a line on the wrong side of the Ivory squares as shown.

With right sides together, layer 1 Ivory square on a print square. Using the drawn line as a guide, stitch on both sides of the line as shown.

Cut the squares apart on the drawn line. Press the seam toward the darker triangle.

To make 4 matching half square triangles that measure 2½"x2½".

**Star Center**

Select the Red (or Navy) square – 4½" x 4½" – and 4 matching Blue (or Yellow) squares – 2½"x2½".

Draw a diagonal line on the wrong side of each Blue or Yellow square as shown.

With right sides together, align two squares in opposite corners of the 4½" square as shown.

Stitch on the drawn line. Trim the seam to a ¼" and press the seam toward the small triangles.

Repeat with the two remaining squares as shown. Unit will measure 4½"x4½".

**Assemble Block 1**

Lay out the pieces as shown and sew them together in sections. Press the seams in the direction of the arrows – or press them open.

The block will now measure 12½"x12½". Repeat to make 8 Yellow background blocks and 8 Blue background blocks.
For each block, the following pieces are required:

**Outer Triangles – Yellow (or Blue)**
- 2 squares – 7½”x7½”

**Ivory Star Background**
- 4 squares – 3¼”x3¼”
- 1 square – 4”x4”

**Star Print – Red (or Navy)**
- 2 squares – 4”x4”
- 1 square – 3¼”x3¼”

**Star Center Triangles – Blue (or Yellow)**
- 1 square – 4”x4”

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**Making the Quarter Square Triangles**

Draw a diagonal line on the wrong side of the ivory and the star center 4”x4” squares as shown.

With right sides together, layer a marked square on each red (or navy) star print 4” square. Using the drawn line as a guide, stitch a scant ¼” on both sides of the line as shown.

Cut the squares apart on the drawn line. Press the seam in one direction.

The quarter square triangle will measure 3¼”x3¼”.

Make 4 matching quarter-square triangles.

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**Assemble Block 2**

Lay out the quarter-square triangles and the 3¼” squares in rows as shown.

Join the pieces in rows and sew the rows together.

Press the seams in the direction of the arrows – or press them open.

The block will now measure 8¾”x8¾”.

Select two matching Yellow (or Blue) squares – 7½”x7½”. Cut both squares in half once on the diagonal to yield a total of 4 triangles.

Join two triangles to opposite sides of the block. Press the seams toward the large triangles.
Join the remaining two triangles to the remaining sides of the block. Press the seams toward the large triangles.

Trim the block to measure 12½"x12½".

To ensure that the star is centered, place the 6¼" lines of the ruler on the top and side block points. There should be a seam allowance of a little more than ¼". The stars will float within the setting triangles just a bit. Repeat to make 5 Yellow blocks and 4 Blue blocks.

**Assemble Border**

Draw a diagonal line on the wrong side of the 7" yellow squares as shown.

With right sides together, layer 1 Yellow square on 1 Blue square as shown.

Using the drawn line as a guide, stitch on both sides of the line as shown. Cut the squares apart on the drawn line. Press one seam to the blue triangle and one seam to the yellow triangle.

Trim the HSTs to measure 6½"x6½".

Join the HSTs in matching pairs as shown. Press the seam in one direction. The unit should measure 6½"x12½".

**ASSEMBLE THE QUILT TOP**

Lay out the blocks and borders as shown.

Join the blocks to make rows. Press the seams in opposite directions from row to row – or press them open.

Join the rows to complete the quilt top. Press the seams in one direction – or press them open.

**Tip** – Stay stitch the perimeter of the quilt top using an approx. ⅛" seam to stabilize the pieced edges.

Using a diagonal seam join binding strips end to end. Press in half right sides together to make binding.

Quilt and bind as desired.
This is a story told in color and pattern, of different styles that mesh in a way that feels classic, warm, eclectic, and perhaps just a bit daring. It's also a story about the changing seasons, of fall transitioning to winter.

Romantic blooms and budding vines in shades of rust, gold and gray evoke images of fall leaves against darkness of an indigo evening. Let Memoirs be part of your story...

**FABRIC REQUIREMENTS**

**BACKGROUND**

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<tbody>
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**BLUE FABRICS**

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**GOLD/YELLOW FABRICS**

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