

# Embroidery Block

#### Materials Needed

- (1) 9 ½" x 9 ½" background fabric square
- **Embroidery Needles**
- Embroidery Floss in green and red
- Erasable pen or marker
- **Embroidery Hoop**
- **Embroidery Scissors or snips**
- Optional: Light Box for tracing



### Instructions:

- 1. Place the Embroidery Pattern Page under the background fabric square right side up. If the embroidery pattern is not visible through the fabric, use a light box to assist you in tracing the pattern.
- 2. Center the embroidery pattern within the 9 1/2" x 9 1/2" background fabric square, and trace using an erasable pen or marker.
- 3. Place the background fabric square within your embroidery hoop. centering the design.
- 4. Pick a spot to begin, thinking about the order in which you will stitch the design. Knot the thread and begin stitching.
- 5. Stitch until the design is complete.
- 6. Place a small towel on the ironing board. Next place the embroidered block face down onto the towel. Using a small towel or pressing cloth as a barrier and an iron, press the embroidered block on the wrong side. Do not use the iron directly on the front of the embroidered block. Start the iron on a low setting, increasing the temperature if needed. Press, don't pull the stitches by moving the iron.

## Tips & Tricks

Just can't get enough of your stitch-a-long hosts? Enjoy their delightful, creative books long after this project is complete! Check out Lissa's book Sisterhood of Scraps by clicking here.

Check out Susan's book Quilt by Color here.

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