

Embroidery Block

Materials Needed

- (1) 9 1/2" x 9 1/2" background fabric square
- **Embroidery Needles**
- Embroidery Floss in green and red
- Erasable pen or marker
- **Embroidery Hoop**
- **Embroidery Scissors or snips**
- Optional: Light Box for tracing



Instructions:

- 1. Place the Embroidery Pattern Page under the background fabric square right side up. If the embroidery pattern is not visible through the fabric, use a light box to assist you in tracing the pattern.
- 2. Center the embroidery pattern within the 9 ½" x 9 ½" background fabric square, and trace using an erasable pen or marker.
- 3. Place the background fabric square within your embroidery hoop, centering the design.
- 4. Pick a spot to begin, thinking about the order in which you will stitch the design. Knot the thread and begin stitching.
- 5. Stitch until the design is complete.
- 6. Place a small towel on the ironing board. Next place the embroidered block face down onto the towel. Using a small towel or pressing cloth as a barrier and an iron, press the embroidered block on the wrong side. Do not use the iron directly on the front of the embroidered block. Start the iron on a low setting, increasing the temperature if needed. Press, don't pull the stitches by moving the iron.



Tip: Use embroidery floss no longer than approximately 18"-24" at a time to avoid tangles and knots. Find what is most comfortable and manageable for you.

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