



Quilt is 67" x 67".

Wintergreen by 3 Sisters moda

3 Sisters Wintergreen

All instructions include a ¼" seam allowance.
Press in the direction of the arrows.

Quilt is 67" x 67".

Cutting

Appliqué Background:

1-24" square

(This square is oversized and will be trimmed after the block has been appliquéd.)

Inner Border:

6-2½" x width of fabric strips

Sew the strips end to end. From this long strip cut 4-2½" x 5¼" strips and 4-2½" squares

Outer Border:

3-10" x width of fabric strips

From the strips, cut 12-10" squares

1-5" x width of fabric strip

From the strip, cut 4-5" x 2½" and 4-5" x 7" rectangles

Holly Border and Binding:

(Cut the following strips parallel to the selvage.)

4-3½" x length of fabric strips of holly

8-2½" x length of fabric strips of the red

Sew the strips end to end to make the Binding.

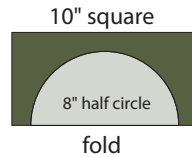
Holly
← 3½" → Binding →



Construction

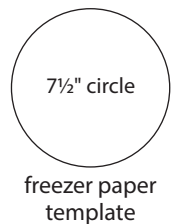
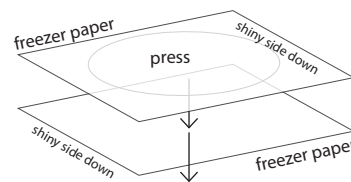
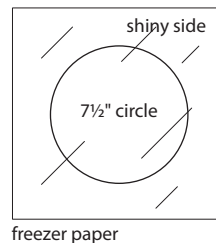
The instructions that follow are for machine appliqué using freezer paper.

- 1 Make an 8" half circle template (page 6).
(A) Select 7 green, 7 red and 26 cream 10" squares. Fold a 10" square in half and press. Align the half circle template on the fold. Trace around the template and cut out the half circle. Press open. Cut 7 green, 7 red and 26 cream 8" circles.

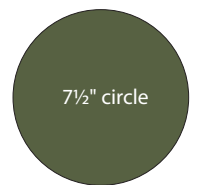
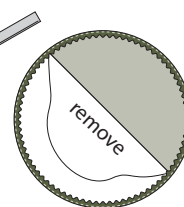
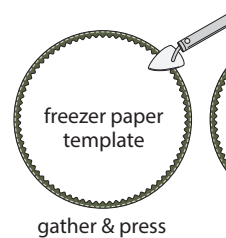
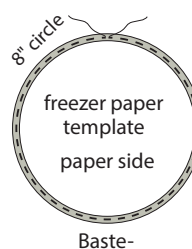


Cut 8" circles.

- (B) Make a 7½" circle template (page 6). Use a permanent pen to draw a 7½" circle on the *shiny side* of a piece of freezer paper. Lay a different piece of freezer paper *shiny side down* on your ironing board. Lay the freezer paper with the circle, *shiny side down* on top of the freezer paper. Press from side to side to remove any air bubbles. You now have a double layer of freezer paper. Cool then remove the freezer paper from the ironing board. Cut out the 7½" circle. Make 20.



- (C) Lightly fold the freezer paper circle and an 8" green circle into fourths to mark the center of the circles. Center the freezer paper *shiny side down* on the wrong side of the green circle. Press. Machine baste in the seam allowance being sure to leave long threads at the beginning and end of the stitching. Don't overlap the stitching. Pull the bobbin threads to gather the fabric around the freezer paper template. Press the gathers in place. Turn the circle over, press the circle edges again. The heat will release the template from the fabric. Turn to the back, and pull out the template. You will be able to use the template twice. Turn the edges on 7 green, 7 red and 26 cream circles.

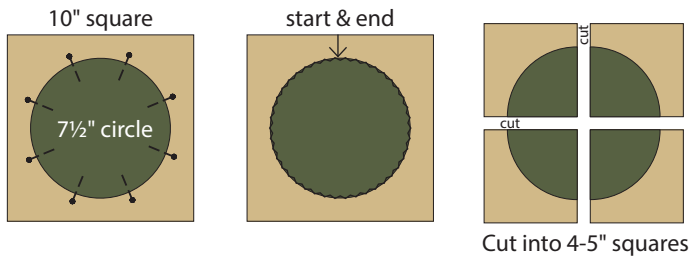


Edge-turned
7½" circles.

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2 Block and Half blocks

(A) Center a green $7\frac{1}{2}$ " circle in the middle of a cream 10" square. Pin in place. Using clear nylon thread, sew the circle to the square. Begin sewing at the top center of the circle and use a zigzag or blind hem stitch. Cut the circle/square into fourths. You will cut through your starting and ending point.



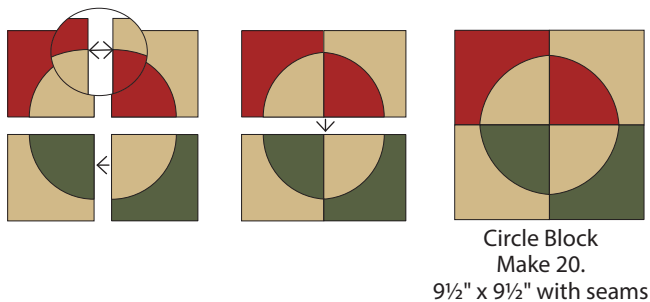
(B) Repeat to make circle/square combinations as shown.



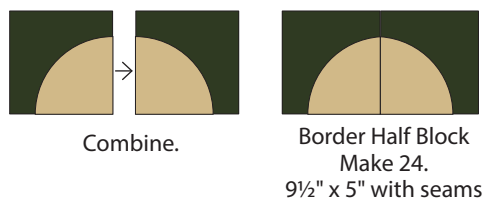
(C) Cut the circle and square combinations in fourths. You will now have the following quarter blocks:



(D) Combine 1-cream/red, 1-red/cream, 1-green/cream, and 1-cream/green quarter block. Be sure to match the edges of the circles. Make 20 Circle blocks.



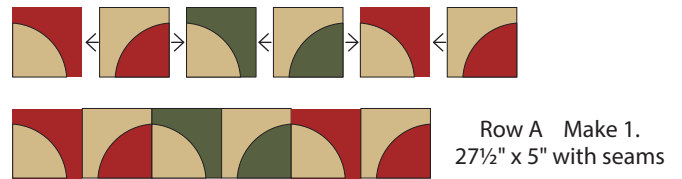
(E) Combine 2-cream/Border quarter blocks. Be sure to match the edges of the circles. Make 24 Border Half blocks.



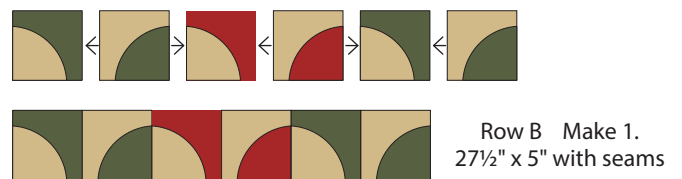
You will use the remaining quarter blocks in the following steps.

3 Assemble rows as shown. Pay very close attention to the circle and square color combinations.

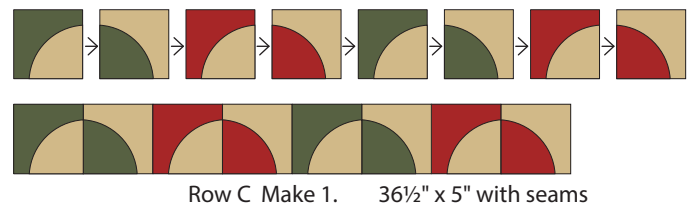
(A) Join 6 quarter blocks as shown to make Row A.



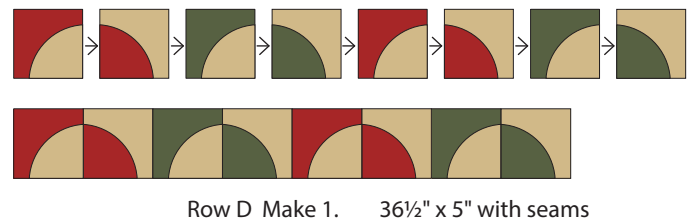
(B) Join 6 blocks as shown to make Row B.



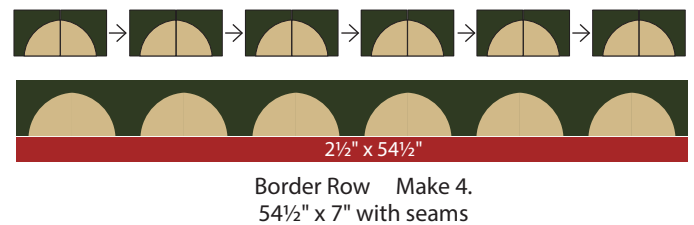
(C) Join 8 quarter blocks as shown to make Row D.



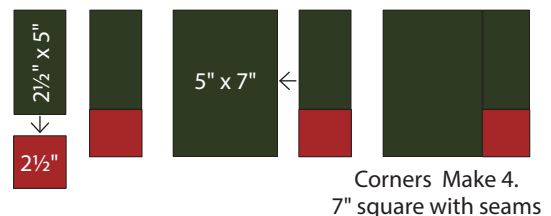
(D) Join 8 quarter blocks as shown to make Row C. There will be 4 leftover quarter blocks.



(E) Join 6 Border Half blocks to make a Border Row. Add a $2\frac{1}{2}$ " x $54\frac{1}{2}$ " Inner Border.



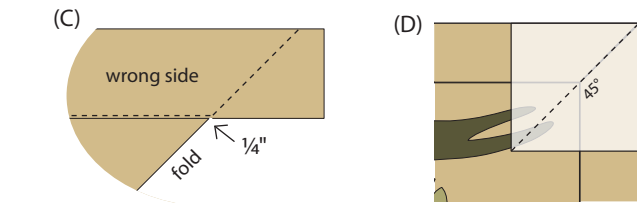
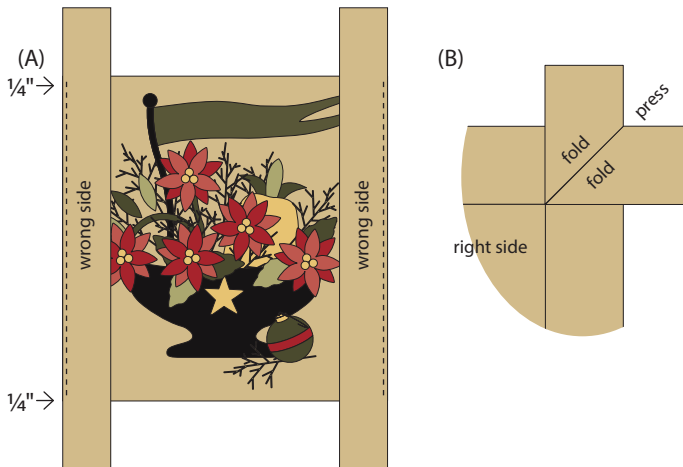
4 Join 1- $2\frac{1}{2}$ " Inner Border and 1- $2\frac{1}{2}$ " x 5" Border rectangle. Combine with 1-5" x 7" Border rectangle. Make 4 Corner blocks.



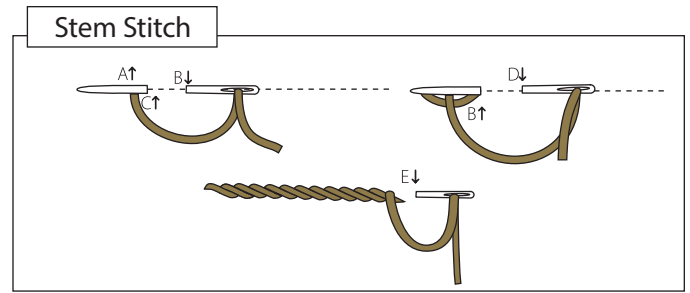
5 Use the appliqué method of your choice to appliqué the center square, referring to pages 5-8. Use 3 strands of green embroidery floss and the stem stitch to add fir sprigs to the appliqué. Trim the Appliqué block to 21½" square.

6 Sew the Holly strips to the Appliqué square with mitered corners as follows.

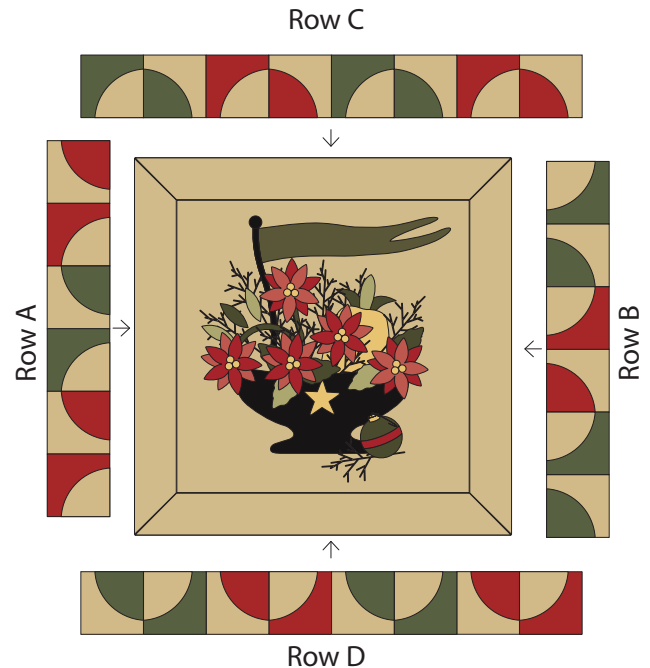
- Center and pin border holly strips in place. Start and end seams ¼" from raw edges; backstitch to secure. Press seams toward appliqué.
- Lay the appliqué right side up on ironing board and fold each holly strip back onto itself, right sides together, forming a 45° angle at the appliqué's corner. Press to form sharp crease.
- Fold appliqué on diagonal, right sides together. Align Holly strip raw edges, and the pressed creases; pin in place. Stitch along crease, starting from the outside edge and backstitching at the ¼" seam. Press the seam open.
- With appliqué right side up, align the 45° angle line of square ruler on seam line to check accuracy. If corner is flat and square, trim excess fabric to ¼" seam allowance. Repeat to miter the remaining 3 corners.



Appliqué Center
27½" x 27½" with seams



7 Sew Rows A and B to each side of the Appliqué Center. Sew Rows C and D to the top and bottom.



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Quilt Center
36½" x 36½" with seams

- 8 When sewing the rows of Circle blocks pay close attention to the position of the circle and square color combinations.
- Sew 4 Circle blocks together to make Rows E and F. Add the rows to the sides of the Quilt Center.
 - Sew 6 Circle blocks together to make Rows G and H. Add the rows to the top and bottom of the Quilt Center.
 - Sew a Border Row to each side of the Quilt Center.
 - Sew a Corner block to each end of 2 Border Rows. Add to the top and bottom of the quilt.
 - Layer, quilt and bind. ENJOY!



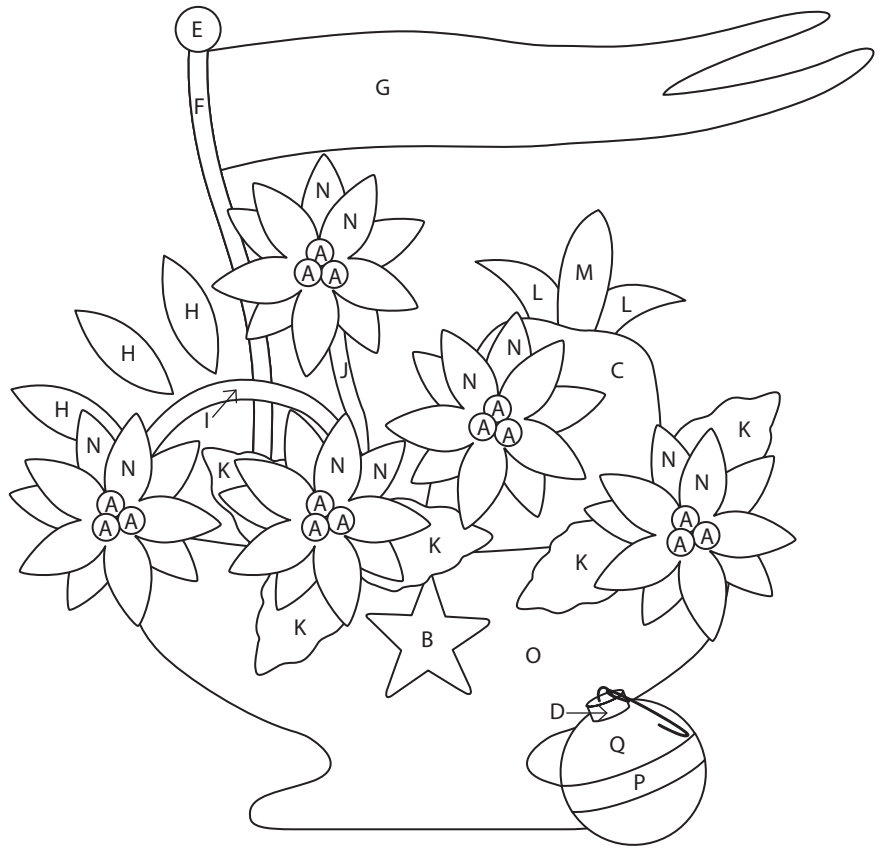
Quilt is 67" x 67" with seams.

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3 Sisters Wintergreen

Templates are actual size.
Seam allowances are not included.
Templates are not reversed.

Templates	
from the yellow (9" x 11") cut	
A	15- berries
B	1 - star
C	1 - pineapple
D	1 - ornament top
from the black (9" x 11") cut	
E	1 - flag pole top
F	1 - flag pole
from the dark green (9" x 22") cut	
G	1 - flag
H	1 - leaf
I	1 - stem
J	1 - stem
K	3 - leaves
L	2 - leaves
Q	1 - ornament
from the green (9" x 11") cut	
H	2 - leaves
K	2 - leaves
M	1 - leaf
from the red (9" x 22") cut	
N	5 - poinsettias
P	1 - ornament stripe
from the dark red (9" x 22") cut	
N	5 - poinsettias
from the black multi (9" x 22") cut	
O	1 - basket



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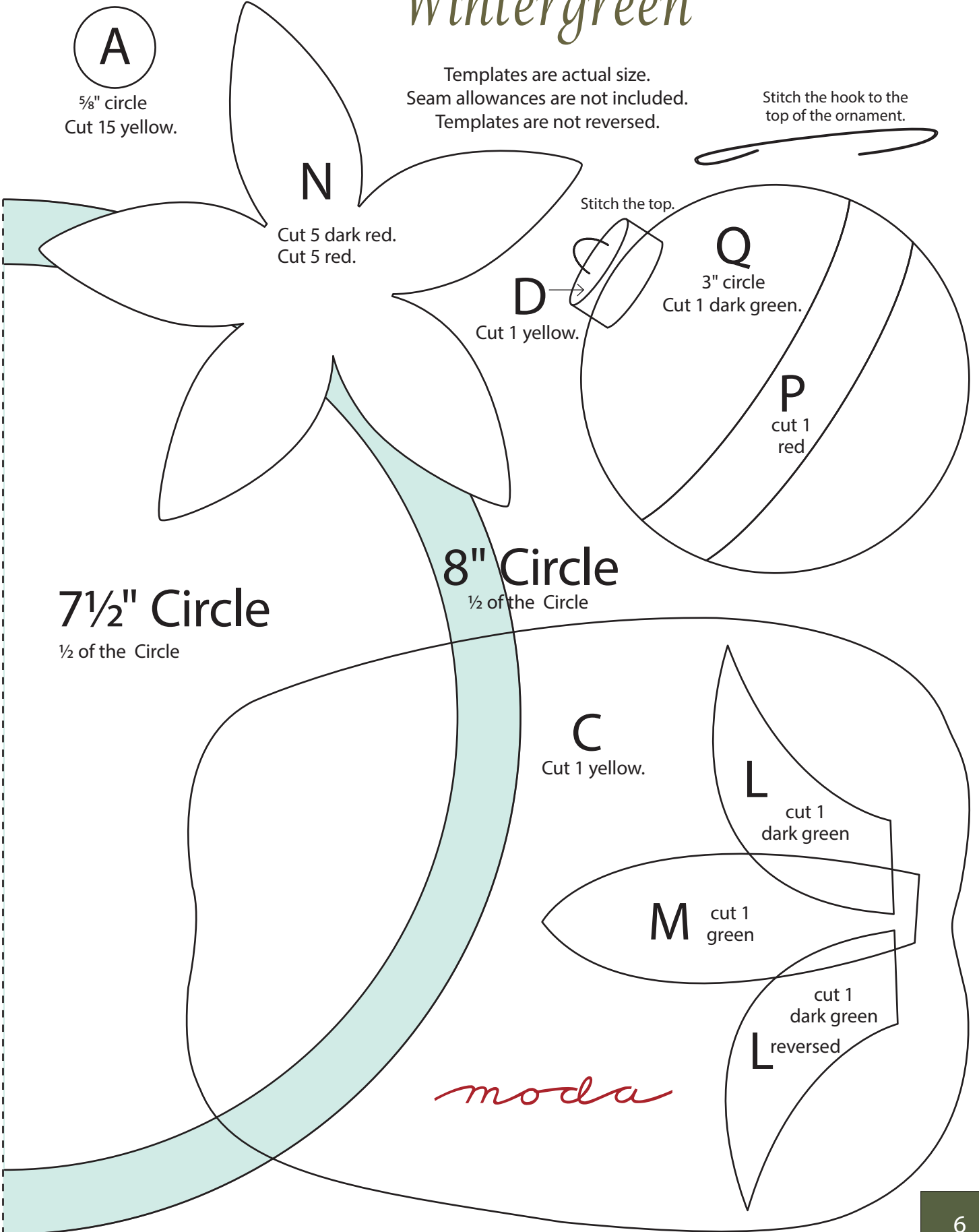
3 Sisters Wintergreen



5/8" circle
Cut 15 yellow.

Templates are actual size.
Seam allowances are not included.
Templates are not reversed.

Stitch the hook to the
top of the ornament.



N

Cut 5 dark red.
Cut 5 red.

Stitch the top.

D

Cut 1 yellow.

Q

3" circle
Cut 1 dark green.

P

cut 1
red

7 1/2" Circle

1/2 of the Circle

8" Circle

1/2 of the Circle

C

Cut 1 yellow.

L

cut 1
dark green

M

cut 1
green

L

cut 1
dark green
reversed

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G

cut 1 dark green

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I

cut 1 dark green

E

cut 1 black
1" circle

K

cut 3 dark green
cut 2 green

O

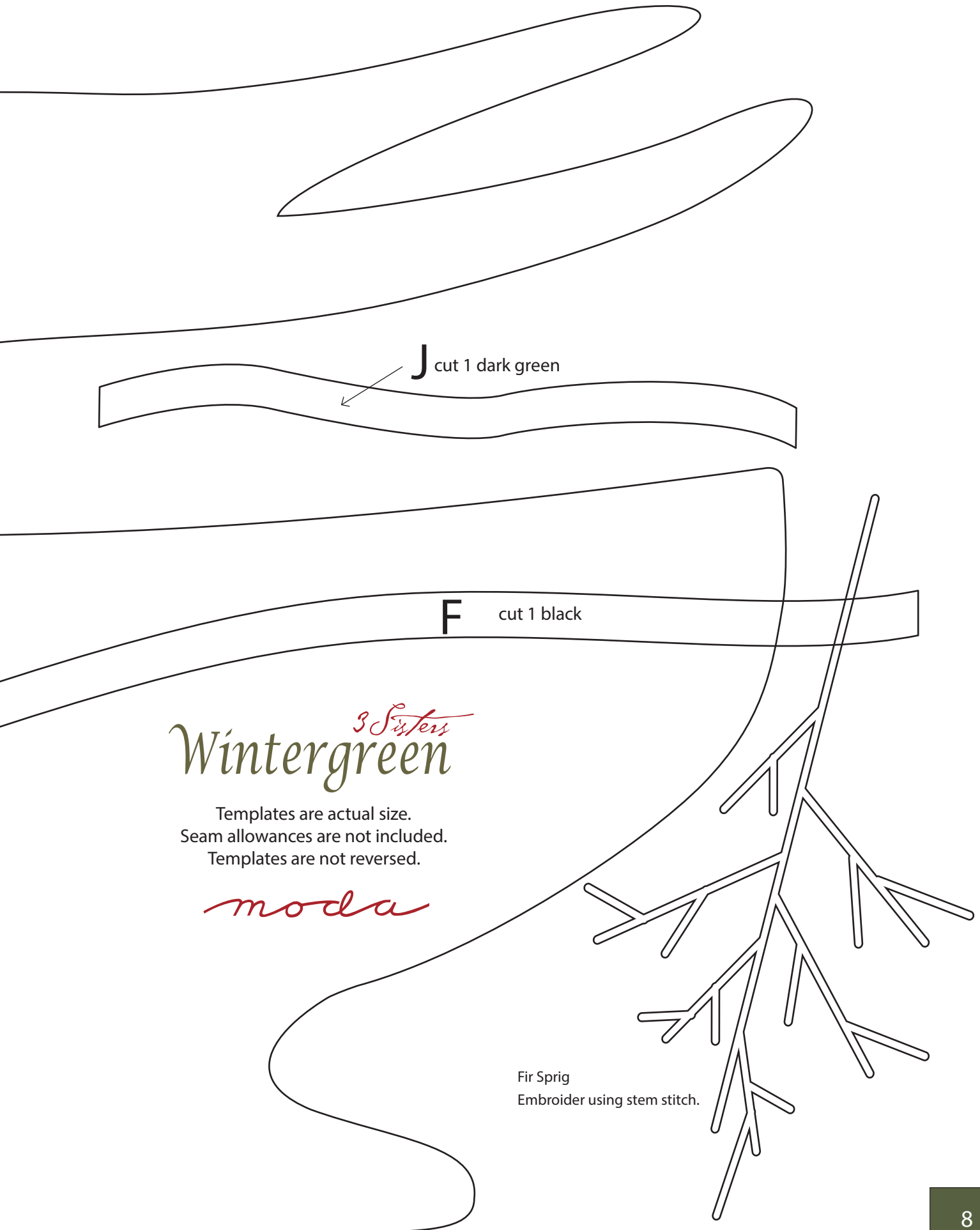
cut 1 black multi

H

cut 1 dark green
cut 2 green

B

cut 1 yellow



J cut 1 dark green

F cut 1 black

3 Sisters Wintergreen

Templates are actual size.
Seam allowances are not included.
Templates are not reversed.

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Fir Sprig
Embroider using stem stitch.

Wintergreen *by 3 Sisters*

Quilt is 67" x 67".

Fabric Requirements

Quarter Circle Blocks:

- 9 Assorted Creams: 40-10" squares TOTAL
(44010 11, 44010 21, 44012 11, 44014 11,
44015 11, 44017 11, 44017 25, 44018 11, 44019 11)
- 7 Assorted Greens: 2-10" squares of EACH
(44010 15, 44010 25, 44012 15, 44014 15
44015 15, 44016 15, 44018 15)
- 7 Assorted Reds: 2-10" squares of EACH
(44010 13, 44010 23, 44012 13, 44015 13
44016 13, 44017 13, 44018 13)

Appliqué Background: 2/3 yard (44019 11)

Holly Border and Binding: 1 yard (44011 13)

Inner Border: 5/8 yard (44015 13)

Outer Border: 1 1/2 yards (44014 15)

Backing: 4 1/4 yards

For the appliqué:

- Yellow: 9" x 11" (Puzzle Piece 1006 32)
Black: 9" x 11" (44010 22)
Green: 9" x 11" (44016 15)
Dark Green: 9" x 22" (44010 25)
Red: 9" x 22" (44018 13)
Dark Red: 9" x 22" (44017 13)
Black multi: 9" x 22" (44018 12)

Freezer paper

Embroidery floss:

- Greens for fir sprigs
Black for ornament hanger and hook

The 3 Sisters wish you all the joys of the holiday season!

Celebrate Christmas with lavish poinsettias, delicate paisleys, scrolling holly branches and winter birds. Warm shades of crimson, mistletoe and snowy, soft skies portray the Sisters' classic vision of sophistication for the holidays.

Featuring
Wintergreen
by

3 Sisters

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