



# catnap

## mug rug



1. Sew the mini charm squares into sets like below:

- (2) sets of 9 for the front and back body
- (8) sets of 2 for the front and back of the arms and legs

2. Using templates, cut out 4 of the arms, 4 legs, from your patchwork pieces, 4 ears from your fabric scraps



3. With RST sew  $\frac{1}{4}$  in around the arm, leg and ear pieces, leaving the flat end open for turning.

4. Turn pieces right side out, and press. You may find using a chopstick or point turner is helpful to get crisp edges.

5. From the coordinating fat quarter, cut a rectangle that is 4" x 6.5".

6. Using either a pencil, or a disappearing marking pen, lightly trace the desired animal face design on one of your cat head pieces.

7. Using your preferred stabilizer method for embroidery, hoop the face and hand embroider the design. We used a simple backstitch, a stem stitch would also work well.

8. Sew the front patchwork body to the embroidered face at the bottom edge of the face. Press towards the body.

9. Sew the back patchwork body to the back face piece and press towards the body.

10. Pin ears, arms and legs in place on front of cat and sew as shown below, using a scant  $\frac{1}{4}$  inch.

11. Cut one piece of batting the same size as the pieced body/patchwork.

12. Layer the batting, cat front with arms, legs, ears all facing in toward the cat body, and the cat back RST, pin or clip and sew around the outer edge with  $\frac{1}{4}$  inch seam. Leave an opening about 1  $\frac{1}{2}$  inches wide for turning.

13. Trim the corner seam allowances.

14. Turn right side out through the opening.

15. Hand stitch the opening that you used to turn the cat right side out, closed.

16. Quilt the patchwork section by first stitching all the way around the square a scant  $\frac{1}{8}$ " from the front edge, then from corner to corner forming an X shaped quilting design. If desired, quilt additional rows diagonally across the nine patch body.

### what you'll need

- 1 mini charm pack of Cat Nap by Alexia Marcelle Abegg
- 1 Fat quarter for cat head
- fabric scraps for ears
- thread
- marking pencil
- preferred embroidery thread for face
- stabilizer of choice for embroidered face
- piece of batting size 10" x 12"
- Cat Nap cat templates

