BH4 Block 3 – Kouign Amann
By Laurie Simpson of Minick & Simpson

Cutting Instructions:

9” Finished Block:

A - (4) squares - 2” x 2”
B - (4) rectangles - 2” x 3½”
C - (1) square - 3½” x 3½”
D - (6) squares - 2⅜” x 2⅜”
E - (10) squares - 2⅜” x 2⅜”
F - (1) square - 4¼” x 4¼”

4½” Finished Block:

A - (4) squares - 1¼” x 1¼”
B - (4) rectangles - 1¼” x 2”
C - (1) square - 2” x 2”
D - (6) squares - 1⅝” x 1⅝”
E - (6) squares - 1⅝” x 1⅝”
F - (4) rectangles - 1¼” x 2”
E for flip-and-sew - (8) squares - 1¼” x 1¼”

Assembly

1. On the wrong side of 6 D squares, draw a line from one corner to the opposing corner.
   - Or use Diagonal Seam Tape as a guide.

2. With right sides together, align the D squares to the E squares and stitch a scant ¼” on both sides of the drawn line. Cut the square apart on the drawn line. Press the seam to the darker triangle.

   The HTSs will measure 2” x 2” or 1¼” x 1¼”.

3. Using the (4) remaining E squares and the F square, make the flying geese units per the instructions on the General Techniques.
   - For the 4½” block, use the connector/flip-and-sew corner technique to make the flying geese units.

   Flying Geese units will measure 2” x 3½” or 1¼” x 2”

Piecing & Cutting Notes:

• To trim the HTSs to size, add ¼” to ⅛” to the B and C squares. Trim to the size of the A square.
• The Flying Geese units for the 4½” block are made with connector/flip-and-sew corners.

All seams are a scant ¼” unless specified otherwise.
4. Lay out the pieces as shown.

5. Join the pieces to make rows. Press the seams in the direction of the arrows - or press them open.

6. Join the rows to complete the block. Press the seams in the direction of the arrows - or press them open.

- 9" block - block will measure 9½" x 9½".
- 4½" block - block will measure 5" x 5".

**Stitching with Laurie...**

- The name of the block comes from the the sweet Breton cake, kouign-amann. (Pronounced “queen a-mahn”.)
- The quilting tip I wish I'd learned first started is... GIGO. Use the best sewing notions and fabrics that you can find. (GIGO - “garbage in, garbage out”)
- My best advice to new quilters is to... forget perfection. If you're insisting on the perfect stitch or perfect quilt you will never finish anything.
- When it comes to quilting/sewing tools, don't get between me and my... Thimble and hand-quilting hoop.
- Don’t tell anyone, but when I’m sewing, I don’t worry about... much of anything.
- My rock-star stitch group” includes... Ella Fitzgerald - for the tunes. Ina Garten for the nibbles. Jane Austen - she always has a good story or two. Midge Maisel and her manager Suzie - for the laughs.

**Keeping up with Laurie...**

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