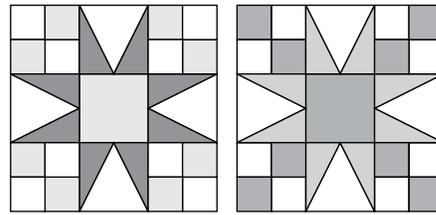
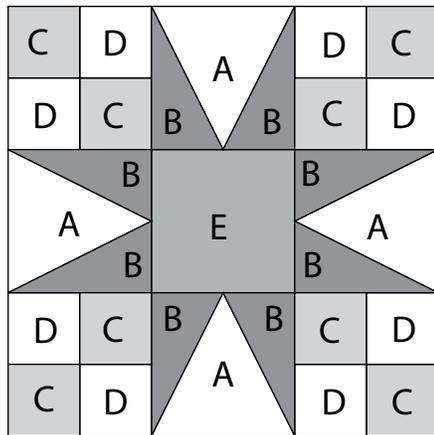


# BH4 Block 24 - Outtakes

By Vanessa Christenson of V & Co.



Color/shading options.

### Piecing & Cutting Notes:

- **Foundation paper for this unit is included - print TWO for the Large Block and ONE for the Small Block.**
- Or you can use the Quilt in a Day Triangle in a Square Ruler, The Goddess Tool, or the Bloc-Loc Triangle in a Square ruler to make the triangle unit.

### Cutting Instructions:

9" Finished Block:

- A - (4) squares - 4" x 4"
- B - (4) squares - 4" x 4"  
- or (8) rectangles - 4" x 2 1/4"
- C - (8) squares - 2" x 2"
- D - (8) squares - 2" x 2"
- E - (1) square - 3 1/2" x 3 1/2"

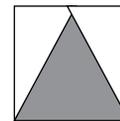
4 1/2" Finished Block:

- A - (4) squares - 2 1/2" x 2 1/2"
- B - (4) squares - 2 1/2" x 2 1/2"  
- or (8) rectangles - 2 1/2" x 1 1/2"
- C - (4) squares - 1 1/4" x 1 1/4"
- D - (4) squares - 1 1/4" x 1 1/4"
- E - (1) square - 2" x 2"

**All seams are a scant 1/4" unless specified otherwise.**

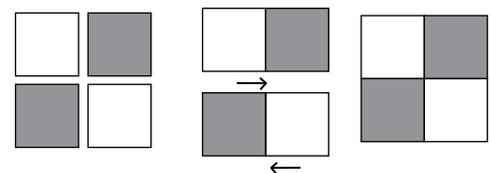
### Assembly

1. Cut the B squares at a 60° angle as shown. Be sure to cut two squares each in each direction.
  - Using and cutting squares like this will keep straight-of-grain edges on the outside of the unit. Using rectangles will result in some bias.
2. Use the A and B pieces to make four matching triangle-in-a-square units.
  - For a tutorial on Foundation Paper Piecing, see Sherri McConnell's video - [www.youtube.com/watch?v=GwoRNUuxQSQ](http://www.youtube.com/watch?v=GwoRNUuxQSQ)



The units will measure 3 1/2" x 3 1/2" or 2" x 2".

4. Select 4 squares - 2 each of C and D. Lay them out, and join them as shown. Press the seams in the direction of the arrows - or press them open.



Join the two halves to complete the four-patch. Press the seam in one direction - or press it open.

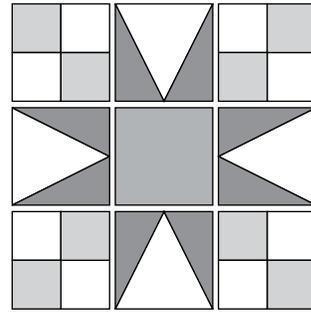
Repeat to make (4) four-patches - each will measure 3 1/2" x 3 1/2" or 2" x 2".

Join the Moda Block Heads Facebook group for more info and updates!

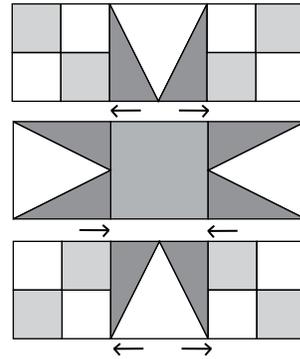
# BLOCK K H H A S 4

Join the Moda  
Block Heads  
Facebook group  
for more info  
and updates!

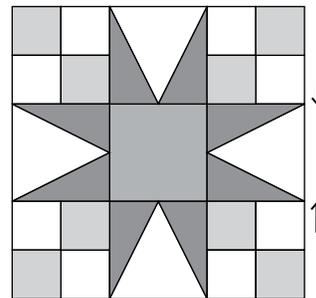
5. Lay out the units as shown.



6. Join the units to make three rows. Press the seams in the direction of the arrows - or press them open.



7. Join the rows to complete the block. Press the seams in the direction of the arrows - or press them open.



- 9" block - block will measure 9½" x 9½"
- 4½" block - block will measure 5" x 5"

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**Stitching with Vanessa...**

- The quilting tip I wish I'd learned when I first started is... starch! It helps me get better precision.
- My best advice to new quilters is to... enjoy wherever you are, mistakes are part of the process. And they're really not that big of a deal.
- When it comes to quilting/sewing tools, don't get between me and my... don't get between me and my awl - a pointy tool that I love so I don't hurt my fingers.
- Don't tell anyone, but when I'm sewing, I don't worry about... time. I can take all the time I want or need on a project when it's just for me!
- My "rock-star stitch group" includes... my daughter, Katie. She's fun to sew with.

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**Keeping up with Vanessa...**

- Instagram - @vchristenson
- Website - [www.VandCo.bigcartel.com](http://www.VandCo.bigcartel.com)

# 4 SQUARE BLOCK HEADS

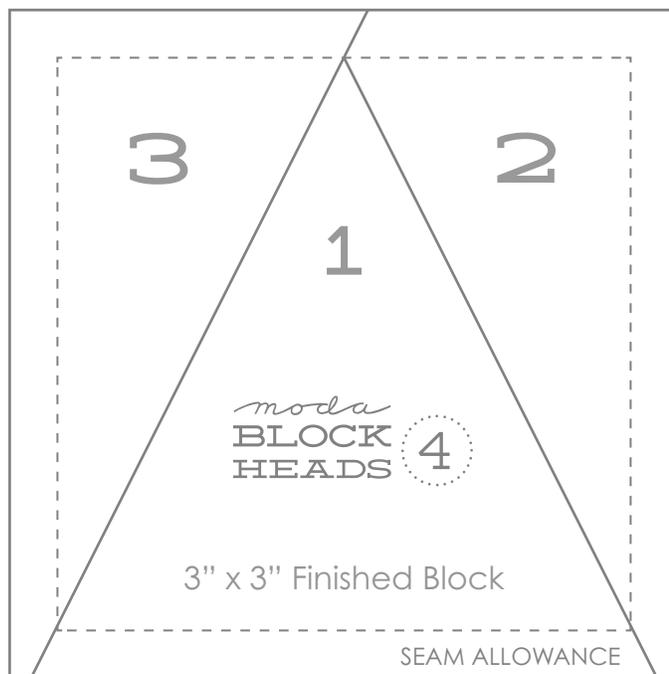
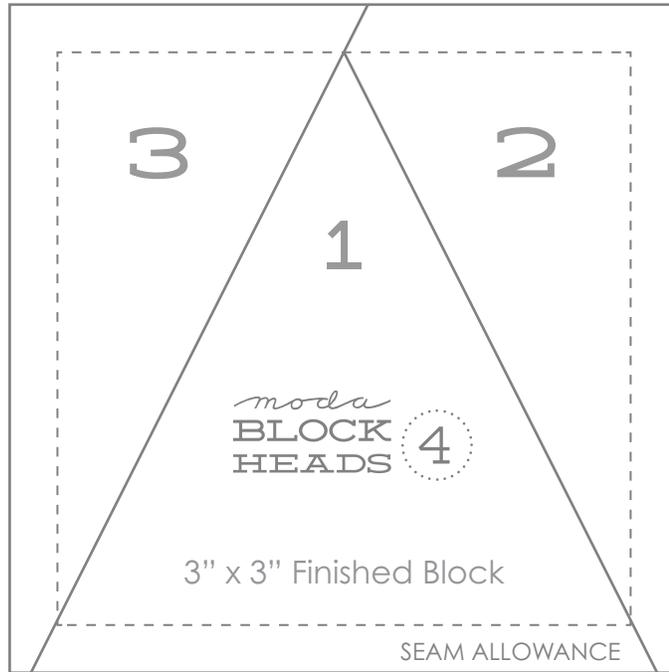
Join the Moda Block Heads Facebook group for more info and updates!

## TRIANGLE IN A SQUARE Foundation Paper Piecing Templates

3" x 3" Finished Block Size (left)  
and

1½" X 1½" Finished Block Size (right)

Before sewing, check size  
by measuring the 1" square  
to the right.



1½" X 1½" Finished Block

