Daybreak
Featuring Daybreak by 3 Sisters
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Pattern Notes

Finished Quilt Size: 64” x 80”
Finished Block Size: 8” x 8”
Backing Required: 5 yards
Batting Required: 72” x 88” piece of batting

Cutting Instructions

Each cut fabric piece is labeled either Star Block A, Star Block B or Border V Block. Divide fabrics according to block for organization.

(HST = Half Square Triangle, WOF = Width of Fabric)

Fabric A (44240 11): 1 ¼ yards
- Cut (4) 8½” x WOF strips. Subcut (16) 8½” squares.
- Cut (2) 2½” x WOF strip. Subcut (12) 2½” x 4½” rectangles for Star Block A.

Fabric B: (44241 11): 5/8 yard
- Cut (2) 8½” x WOF strips. Subcut (8) 8½” squares.

Fabric C: (44244-11): ¾ yard
- Cut (2) 8½” x WOF strips. Subcut (7) 8½” squares.
  - Use the remainder of both 8½” strips to cut the following:
    - (3) 4½” squares for Star Block A.
    - (1) 3¼” square for Star Block B.
- Cut (1) 2½” x WOF strip. Subcut:
  - (8) 2½” squares for Star Block A.
  - (8) 2½” squares for Star Block B.

Fabric D (44242 17): 1 ¼ yards
- Cut (1) 4½” x WOF strip. Subcut:
  - (5) 4½” squares for Star Block A.
  - (2) 3¾” squares for Star Block B.
  - (3) 2½” x WOF strips. Subcut:
    - (40) 2½” squares for Star Block A.
    - (8) 2½” squares for Star Block B.
- Cut (6) 4½” x WOF strips. Unfold the WOF strips before cutting to avoid miscuts or mirror image fabric pieces. Subcut the following:
  - (64) Template B for Border V Blocks. Turn the template 180° after each cut to best utilize fabric.
  - (64) Template C for Border V Blocks. Turn the template 180° after each cut to best utilize fabric.

Fabric E (44247 12): 1 ½ yards
- Cut (7) 4½” x WOF strips. Subcut:
  - (4) 4½” squares for borders.
  - (64) Template A for Border V Blocks. Turn the template 180° after each cut to best utilize fabric.
- Cut (1) 2¾” x WOF strip. Subcut (10) 2¾” squares; cut each square once diagonally to create (20) HST for Star Block B.
- Cut (1) 2½” x WOF strip. Subcut (8) 2½” squares for Star Block B.

Fabric F (44245 16): 1 yard (includes binding)
- Cut (8) 2¼” x WOF strips for binding.
- Cut (1) 4½” x WOF strip. Subcut:
  - (2) 4½” squares for Star Block A.
  - (4) 2½” squares; cut each square once diagonally to create (8) HST for Star Block B.
- Cut (2) 2½” x WOF strips. Subcut (32) 2½” squares for Star Block A.

Fabric G (44248 12): ¾ yard
- Cut (3) 2½” x WOF strips. Subcut:
  - (12) 2½” squares for Star Block A.
  - (8) 2½” x 4½” rectangles for Star Block A.
  - (4) 2½” squares for Star Block B.
  - (4) 2½” x 4½” rectangles for Star Block B.
- Cut (1) 3¾” x WOF strip. Subcut:
  - (2) 3¾” squares for Star Block B.
• (4) 2½" squares; cut each square once diagonally to create (8) HST for Star Block B.

Fabric H (44245 12): ¾ yard
• Cut (2) 2½" x WOF strips. Subcut:
  o (8) 2½” squares for Star Block A.
  o (8) 2½” x 4½” rectangles for Star Block A.
  o (4) 2½” squares for Star Block B.
• Cut (1) 2¾” x WOF strip. Subcut:
  o (2) 2¾” squares; cut each square once diagonally to create (4) HST for Star Block B.
  o (4) 2½” x 4½” rectangles for Star Block B.

Fabric I (44242 12): 1 FQ
• Cut (2) 4½” squares for Star Block A.
• Cut (16) 2½” squares for Star Block A.

Fabric J (44248 13): 1 FQ
• Cut (16) 2½” squares for Star Block A.
• Cut (16) 2½” squares for Star Block B.
• Cut (2) 3¾” squares for Star Block B.

Fabric K (44246 13): ¾ yard
• Cut (1) 4½” x WOF strip. Subcut:
  o (1) 4½” square for Star Block A.
  o (8) 4½” x 2½” rectangles for Star Block A.
• Cut (1) 3¾” x WOF strip. Subcut (2) 3¾” squares for Star Block B.
• Cut (1) 2½” x WOF strip. Subcut (16) 2½” squares for Star Block B.

Fabric L (44248 21): 1 yard
• Cut (12) 2½” x WOF strips. Subcut:
  o (40) 2½” squares for Star Block A.
  o (24) 2½” squares for Star Block B.
  o (24) 2½” x 4½” rectangles for Star Block A.
  o (24) 2½” x 4½” rectangles for Star Block B.
• Cut (1) 3¾” x WOF strip. Subcut:
  o (2) 3¾” square for Star Block B.
  o (8) 2½” squares; cut each square once diagonally to create (16) HST for Star Block B.

Fabric M (44245 14): ¾ yard
• Cut (4) 2½” x WOF strips. Subcut:
  o (20) 2½” squares for Star Block B.
  o (20) 2½” x 4½” rectangles for Star Block B.

Fabric N (44247 11): 1 FQ
• Cut (4) 3¾” squares for Star Block B.

Fabric O (44243 14): 1 FQ
• Cut (2) 4½” squares for Star Block A.
• Cut (2) 2½” squares; cut each square once diagonally to create (4) HST for Star Block B.
• (8) 2½” squares for Star Block B.

Fabric P (44243 15): 1 FQ
• Cut (1) 3¾” square for Star Block B.
• (8) 2½” squares for Star Block B.

Fabric Q (44243 17): 1 FQ
• (8) 2½” squares for Star Block B.

Fabric R (44247 14): 1 FQ
• Cut (2) 3¾” squares for Star Block B.
• Cut (16) 2½” squares for Star Block B.

Fabric S (44246 15): 1 FQ
• Cut (1) 4½” square for Star Block A.
• Cut (16) 2½” squares for Star Block B.

Fabric T (44248 14): ½ yard
• Cut (4) 2½” x WOF strips. Subcut:
  o (20) 2½” squares for Star Block A.
  o (4) 2½” x 4½” rectangles for Star Block A.
  o (20) 2½” squares for Star Block B.
  o (4) 2½” x 4½” rectangles for Star Block B.
• Cut (1) 2¾” x WOF strip. Subcut (2) 2½” squares; cut each square once diagonally to create (4) HST for Star Block B.
Assembly:

Unless otherwise noted, all seams are a scant ¼”.

Block assembly is shown using solid colors. At the end of block assembly, specific block colorways are shown with fabrics labeled as Fabric A-T. Read all block instructions before beginning. Follow diagrams for accurate fabric pairing.

Making the Star Block A:

8” x 8” finished size

For each Star Block A, the following pieces are needed. (Please note: Some Star Block A use only (2) fabrics, while other Star Block A use (4) different fabrics. Refer to block colorways for fabric pairing.):

- (1) 4½” square
- (4) matching 2½” squares
- (4) matching 2½” x 4½” rectangles
- (8) matching 2½” squares

Step 1. On the wrong side of (2) matching 2½” squares, draw a diagonal line from corner to corner as shown.

Place (1) 2½” square onto the corner of (1) 2½” x 4½” rectangle, right sides together and edges aligned.

Sew along the drawn diagonal line as shown. Trim outermost excess fabric to ¼” and press toward the corner.

Repeat stitch and flip techniques on the remaining corner of the 2½” x 4½” rectangle to complete a flying geese unit.

Step 2. Repeat to create (4) matching flying geese units. Trim all flying geese units to measure 2½” x 4½” unfinished.

Step 3. Begin Star Block A assembly by laying out (4) flying geese units, (1) 4½” square and (4) matching 2½” squares as shown.

Sew together in horizontal rows first. Arrows shown in the diagram indicate pressing instructions.

Making the Star Block B:

8” x 8” finished size

For each Star Block B, the following pieces are needed. (Please note: Some Star Block B use only (2) fabrics, while other Star Block B use (4) different fabrics. Refer to block colorways for fabric pairing.):

- (1) 3 3/8’’ square
- (4) matching 2 7/8’’ HST
- (4) matching 2 1/2’’ squares
- (4) matching 2 1/2’’ x 4 1/2’’ rectangles
- (8) matching 2 1/2’’ squares

Sew horizontal rows together to complete Star Block A. Star Block A should measure 8½” x 8½”.

Step 4. Use the following color guide to create (16) Star Block A in (9) colorways. Diagrams indicate which fabrics to use.
Step 5. Begin creating a square in a square unit for the center of Star Block B by placing (1) 2 7/8” HST onto either side of (1) 3 3/8” square. With right sides together, sew the HST to the square using a scant ¼” seam. Repeat on opposite sides of the square.

Press seams outward and away from the square.

Using the same piecing techniques, sew (1) 2 7/8” HST on both of the remaining sides of the square to complete the unit.

Trim unit to measure 4½” x 4½”.

Step 6. Gather (8) matching 2½” squares and (4) matching 2½” x 4½” rectangles. Repeat flying geese unit assembly instructions described in Star Block A assembly to create (4) identical flying geese.

Trim all flying geese units to measure 2½” x 4½”.

Step 7. Begin Star Block B assembly by laying out (4) flying geese units, (1) square in a square unit and (4) matching 2½” squares as shown.

Sew together in horizontal rows first. Press seams in Star Block B open to reduce bulk, backstitching at the beginning and end of each seam.

Sew horizontal rows together to complete Star Block B. Star Block B should measure 8½” x 8½”.

Step 8. Use the following color guide to create (16) Star Block B in (11) colorways. Diagrams indicate which fabrics to use.
Step 11. Sew (14) Border V Block units together as shown, placing (1) Fabric E 4½” square on either end of the row. All Border V Block units should be oriented the same way.

Repeat twice to create (2) borders. Press seams all one direction to complete the top/bottom borders for the quilt. Top/bottom borders should measure 4½” x 64½”.

Step 12. Sew (18) Border V Block units together as shown. All Border V Block units should be oriented the same way.

Repeat twice to create (2) borders. Press all seams in the same direction to complete the side borders for the quilt. Side borders should measure 4½” x 72½”.

Assembling the Quilt Top:
Step 13. Lay out Star Block A, Star Block B and 8½” squares from Fabrics A, B and C as shown.

Sew together in horizontal block rows first, alternating the direction in which you press the seams in each row.

Sew horizontal block rows together to complete the quilt top center. Quilt top center should measure 56½” x 72½”. 
Step 13. Join the pieced side borders to the quilt top first. Press toward the border, or press open. (If pressing seams open, it is recommended to backstitch at the beginning and end of each seam.) Join the pieced top/bottom borders to the quilt top. Press toward the border, or press open to complete the quilt top.

Quilt and Bind as desired.
Capturing the soft, hushed tones of the sky as night turns to day, the 3 Sisters have found a way to make these fleeting moments last for hours... for a lifetime. As the mist on the meadow disappears, these romantic floral prints create a dewy garden filled with harmony and beauty, and perhaps a few birds. Daybreak is at once timeless and modern with its very on-trend color palette of dark blue mixed with blush pink.

### Fabric Requirements

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**Backing Required:** 5 yards  
**Batting Required:** 72” x 88” piece of batting