

Polaris

by Barb Groves of Me and My Sister Designs

The Polaris Block combines foundation paper piecing with square-in-a-square and triangle units to create striking design. The precise angles and intersecting shapes reflect the steady, guiding light of the North Star.



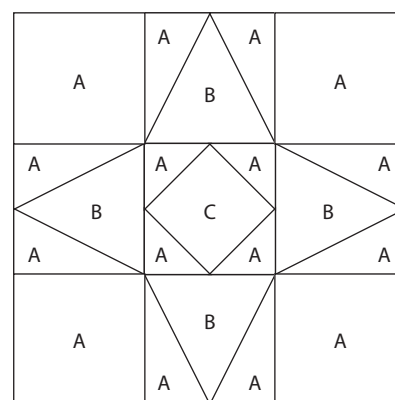
@meandmysisterdesigns



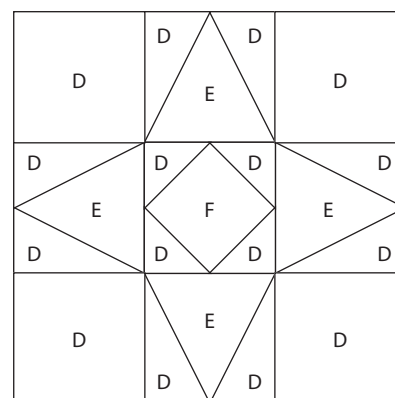
<https://meandmysisterdesigns.com/>

Cutting Instructions

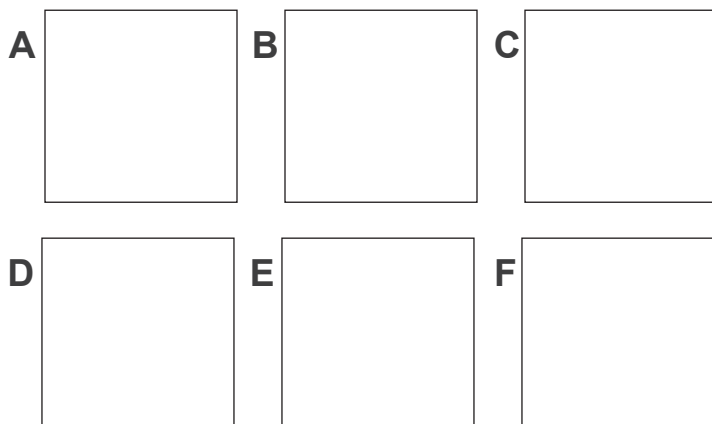
Qty	9" finished block 9A	9" finished block 9B
8	4½" x 2½" rectangles (A)	4½" x 2½" rectangles (D)
4	3½" squares (A)	3½" squares (D)
4	2" squares (A)	2" squares (D)
4	4" squares (B)	4" squares (E)
1	3½" square (C)	3½" square (F)



Use these blocks to plan color and fabric placement!



My Swatches



Depending on your planned layout, Fabric A and D may be the same 'Background' fabric.



Polaris

by Barb Groves | Me and My Sister Designs

Block 9A & 9B

moda
FABRICS • SUPPLIES®





Piecing Instructions

Step 1

Before starting to sew, pre-fold the paper template on the two stitch lines, making sure to get a good crease all the way across the paper.

Layer the template with B/E square, with fabric right side down, and the template facing up. Make sure B/E square overhangs the Trim Line on all sides. Pin in the center to secure, keeping pin out of the way of the stitch lines. Fold back the #2 side triangle, and cut B/E square, leaving a 1/4" seam allowance beyond the fold.

With the #2 triangle still folded back, layer an A/D rectangle under the stack, right sides together with B/E square. Arrange so that the fabric covers the entire area of the folded back #2 section, as well as leaving at least 1/4" of seam allowance.

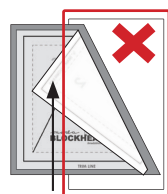
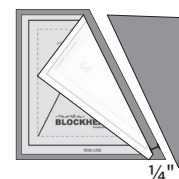
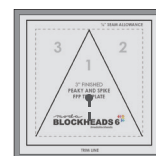
Unfold paper and pin if desired. WITH A SHORTENED STITCH LENGTH (1-1.5), stitch through the stack on the line between sections 1 and 2 of the paper, backstitching at either end.

Turn to the front side and fold back fabric to double check everything covers the template correctly. Trim seam allowance to 1/4" and press to the A/D triangle. Fold back the #3 side triangle (the paper may rip a little at the start of the first seam, that's ok), and trim away a 1/4" seam allowance.

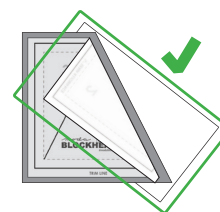
Layer an A/D rectangle with the pieced section, right sides together. Again, arrange so the A/D rectangle covers the entire area of the folded back triangle and leaving 1/4" seam allowance. Unfold paper and pin if desired. Stitch through the stack on the line between Sections 1 and 3 of the paper, backstitching at either end. Double check the front of the block before trimming away 1/4" seam allowance. Press to the A/D triangle.

Repeat to make (4) A/D-B/E Peaky and Spike units.

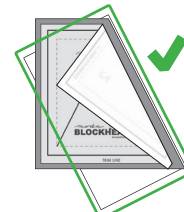
Trim unit to 3 1/2" square on the printed TRIM LINE, and leave the paper in place for now.



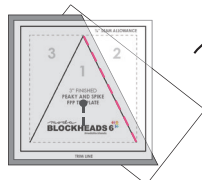
Not covering the entire #2 section



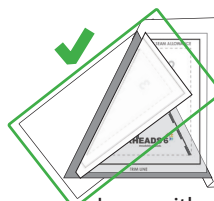
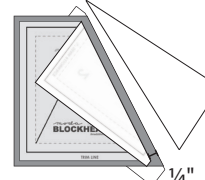
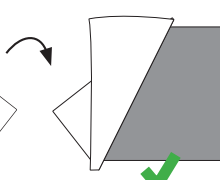
Correct!



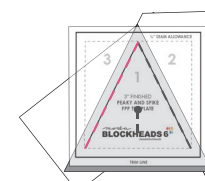
Also works!



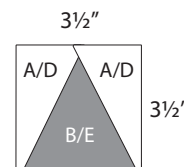
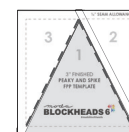
Stitch on line between #1 and #2



Layer with fabric RST



Stitch on line between #1 and #3



Make (4).



Piecing Instructions, continued

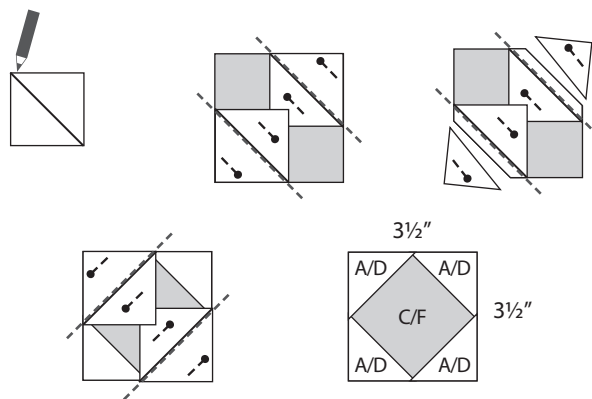
Step 2

On the wrong side of each 2" A/D square, draw a line from one corner to the opposing corner as shown.

Layer (2) A/D squares with opposite corners of the C/F square, right sides together as shown. Stitch on the marked line, or just a thread's width to the outside of the line. Cut away 1/4" seam allowance, and press to A/D triangles.

Repeat on remaining corners.

Trim A/D-C/F Square in a Square unit to 3 1/2".

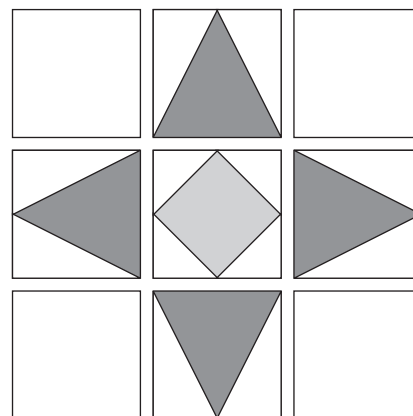


Step 3

Lay out Peaky and Spike units, Square in a Square, and (4) A/D squares as shown. Gently tear out FPP template paper from Peaky and Spike units.

Join units to form the block.

Trim blocks to 9 1/2".



Don't want to wait for more blocks?

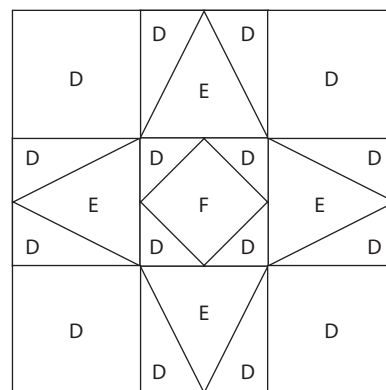
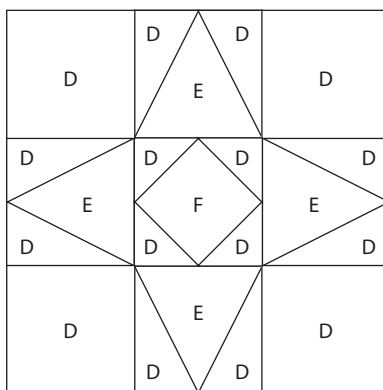
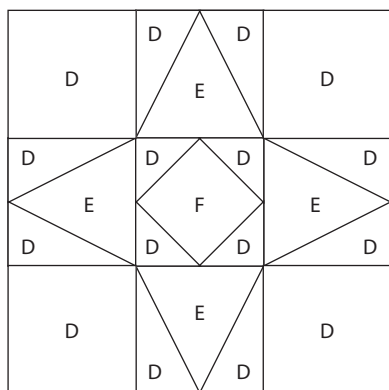
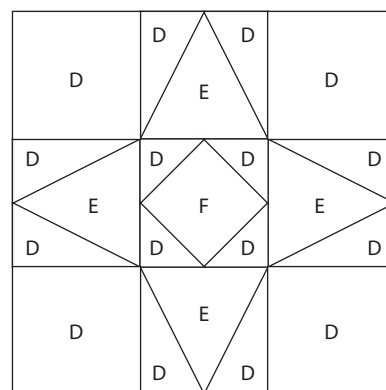
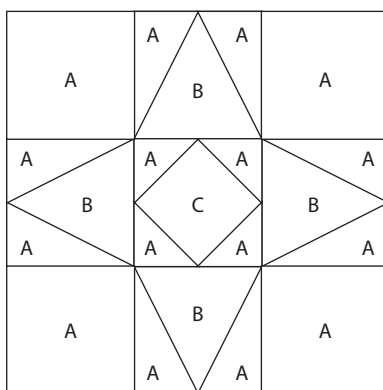
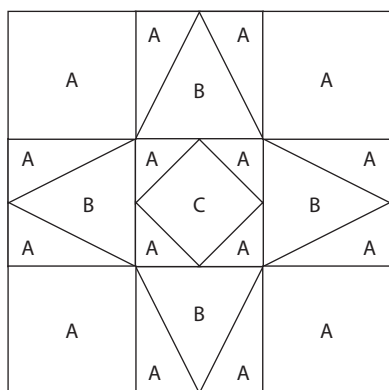
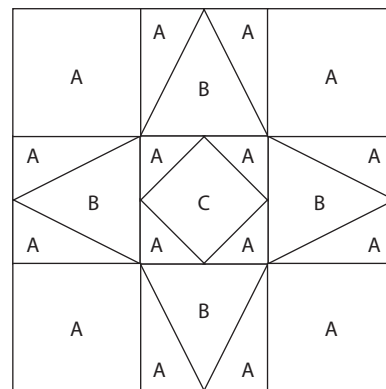
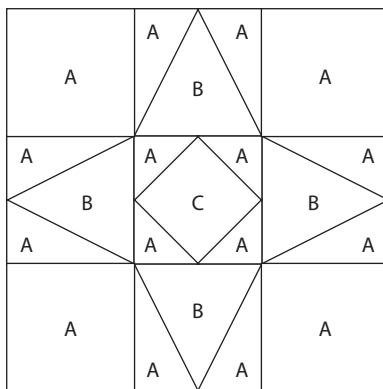
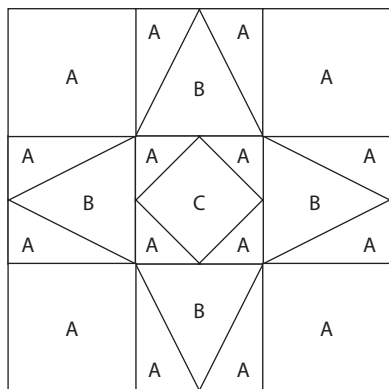
See your local quilt shop to purchase the My Favorite Color is Still Moda pattern, which we are drawing from for BH6!

MY FAVORITE COLOR
IS STILL *moda*





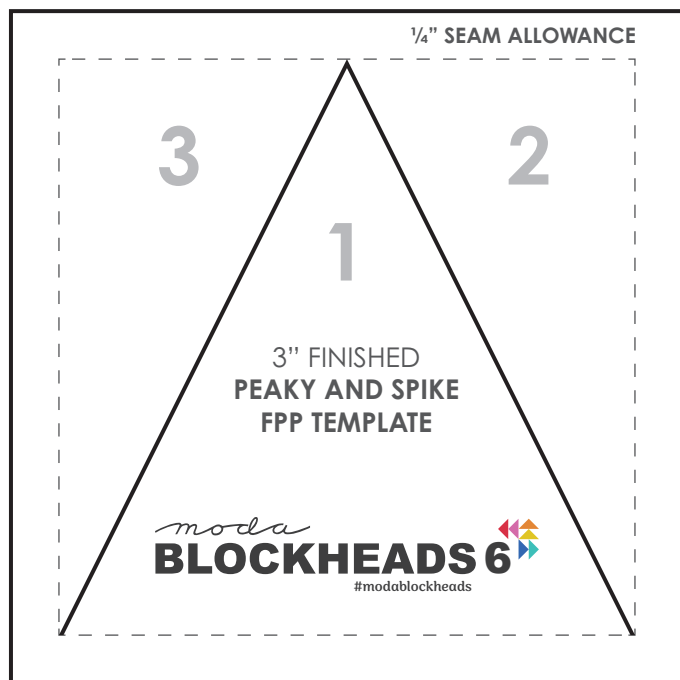
Additional Coloring Blocks



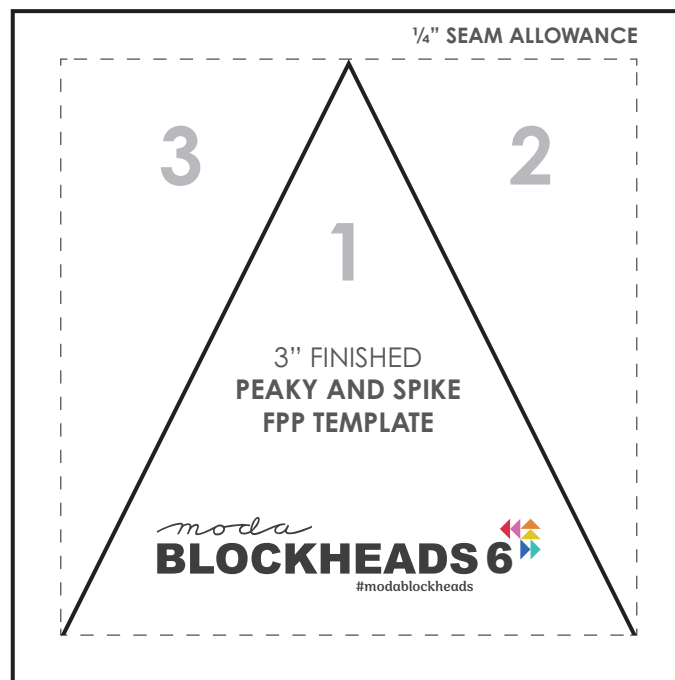


Peaky and Spike Foundation Paper Piecing Templates

To confirm printing scale, measure the solid TRIM LINE, which is 3½" square.

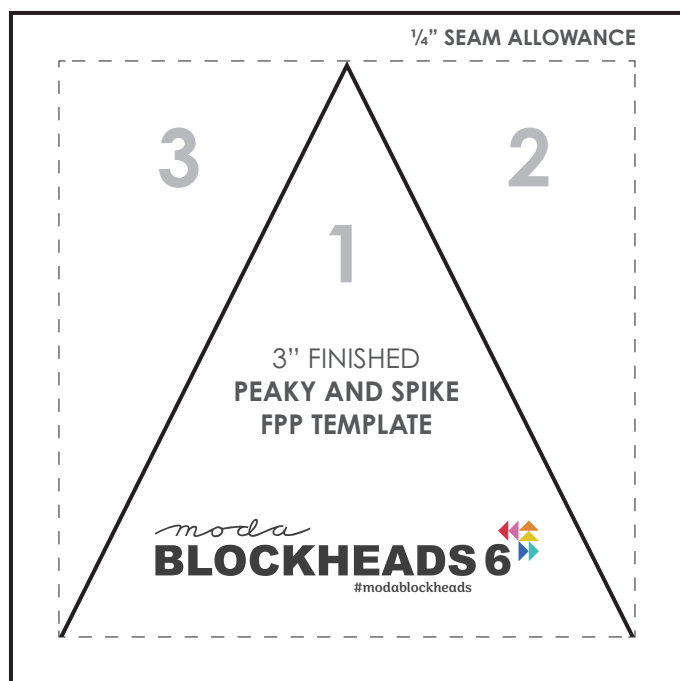


TRIM LINE

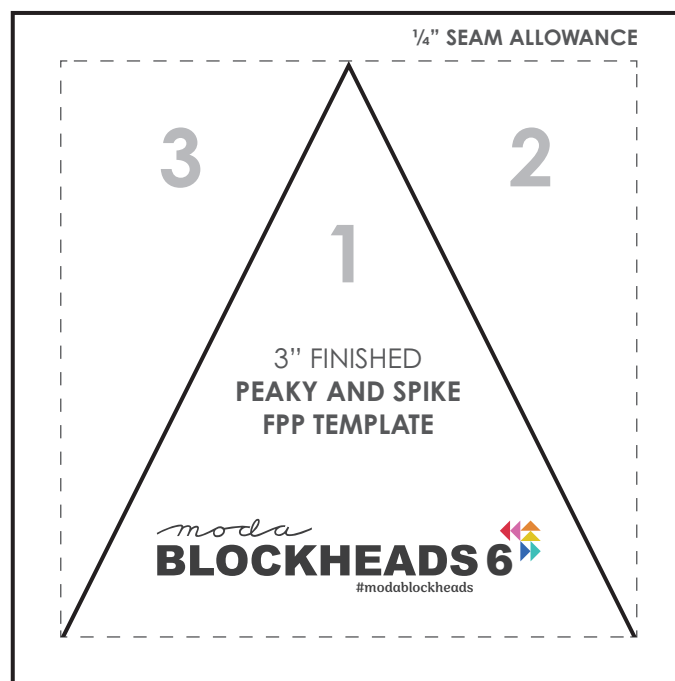


TRIM LINE

CUT OUT HERE



TRIM LINE



TRIM LINE